



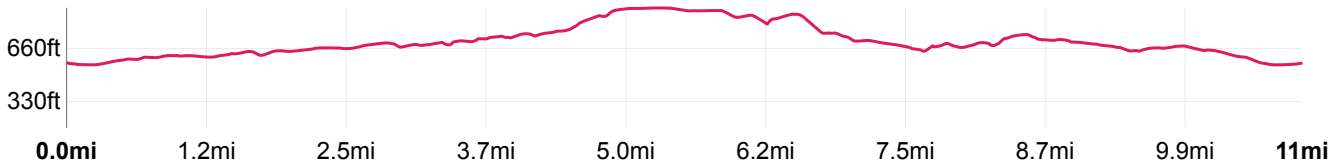
Route Information

Route Name Blythe Bridge (2021)
 No Pub lunch

Route Summary

Total Distance	11.0mi (17.6km)	Walk	3h 58min
Elevation	555ft at lowest point	Run	1h 36min
	909ft at highest point	Cycle	55min
Total Ascent	874ft		

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SJ 959 410	0.00mi	52° 58' 1" N	2° 3' 41" W	569ft
		Dist to next: 4.14mi, Bearing to next: 354°, Ascent to next: 351ft			
2	SJ 954 460	4.14mi	53° 0' 42" N	2° 4' 10" W	735ft
	Coffee	Dist to next: 4.17mi, Bearing to next: 156°, Ascent to next: 430ft			
3	SJ 964 438	8.32mi	52° 59' 30" N	2° 3' 17" W	718ft
	Lunch	Dist to next: 2.64mi, Bearing to next: 189°, Ascent to next: 93ft			
4	SJ 959 410	10.96mi	52° 58' 1" N	2° 3' 41" W	569ft