

AMBERGATE-WIRKSWORTH

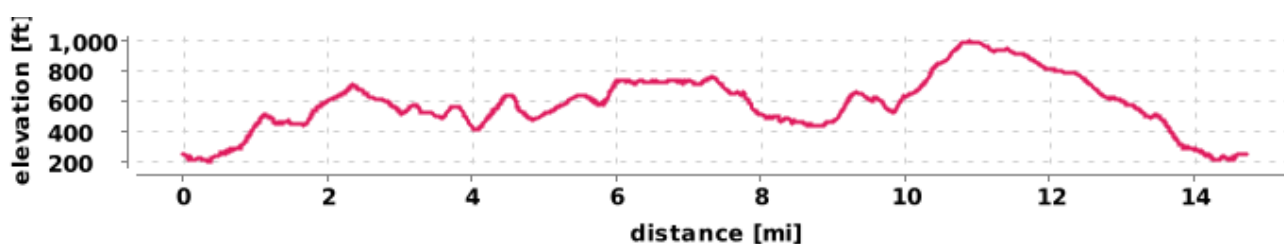
Route Information

Ambergate-Wirksworth

Route Summary

Total Distance **14.73 mi (23.71 km)**
 Elevation **204 ft at lowest point**
997 ft at highest point
 Total Ascent **3315 ft**

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SK 349 515	0 mi	53° 3' 37" N	1° 28' 50" W	253 ft
	Dist to next: 2.59 mi, Ascent to next: 381 ft				
2	SK 329 526	2.59 mi	53° 4' 12" N	1° 30' 32" W	634 ft
	Moment of reflection				
	Dist to next: 1.21 mi, Ascent to next: -71 ft				
3	SK 322 540	3.8 mi	53° 4' 58" N	1° 31' 11" W	563 ft
	Coffee				
	Dist to next: 4.34 mi, Ascent to next: -68 ft				
4	SK 290 542	8.14 mi	53° 5' 6" N	1° 34' 2" W	495 ft
	Lunch				

Dist to next: **6.59** mi, Ascent to next: **-242** ft

5 **SK 348 515** **14.73** mi 53° 3' 37" N 1° 28' 50" W **252** ft