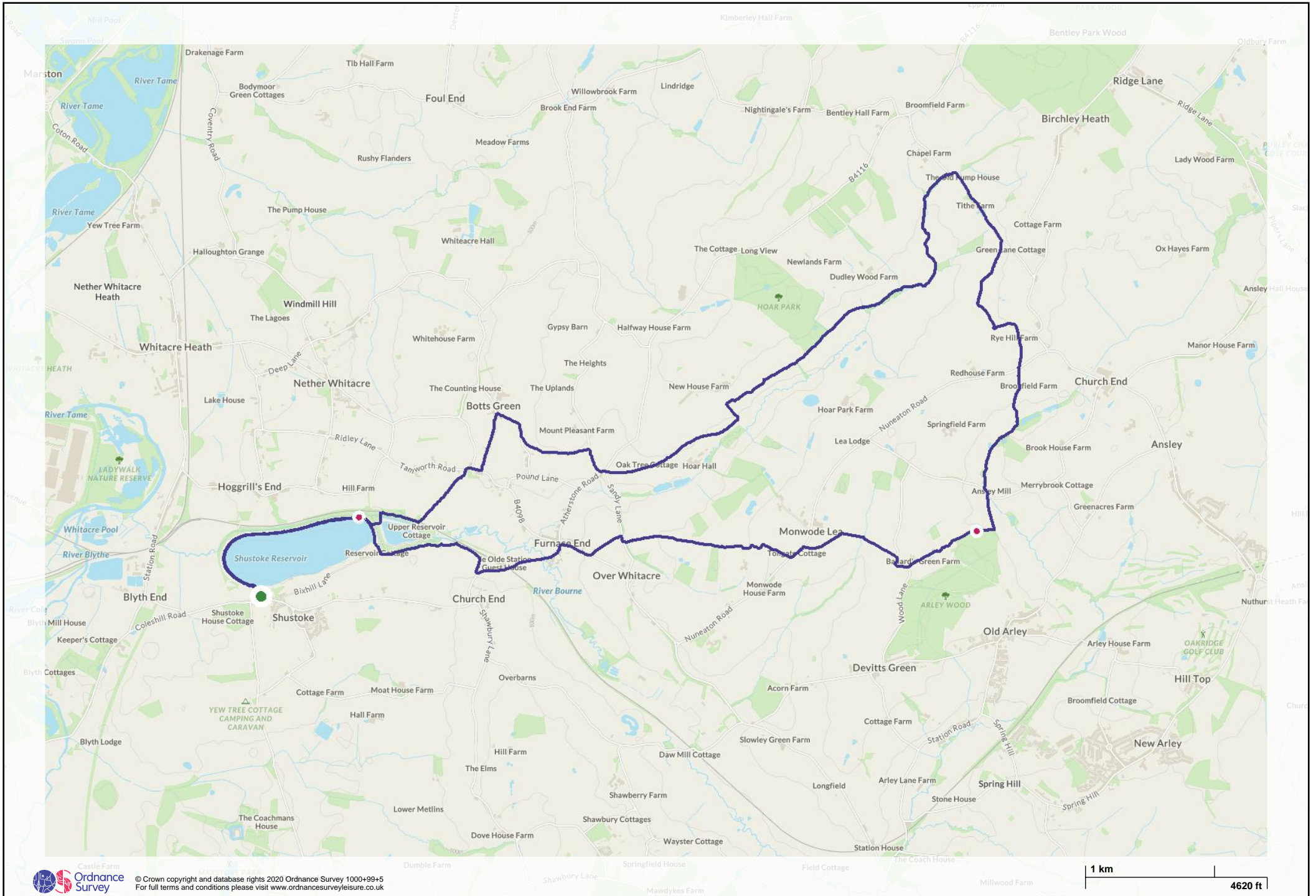


# SHUSTOKE



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1 km  
4620 ft

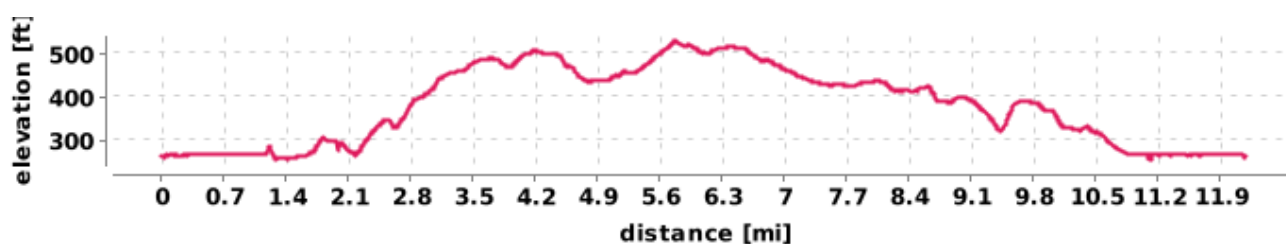
# Route Information

Shustoke

## Route Summary

Total Distance **12.2 mi (19.64 km)**  
 Elevation **254 ft at lowest point**  
**529 ft at highest point**  
 Total Ascent **762 ft**

## Elevation Profile



## Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
0	<b>SP 225 909</b>	<b>0 mi</b>	52° 30' 57" N	1° 40' 8" W	<b>264 ft</b>
	Dist to next: <b>4.58 mi</b> , Ascent to next: <b>39.48 mi</b>				
1	<b>SP 281 914</b>	<b>4.58 mi</b>	52° 31' 13" N	1° 35' 14" W	<b>473 ft</b>
	Coffee				
	Dist to next: <b>6.63 mi</b> , Ascent to next: <b>-39.95 mi</b>				
2	<b>SP 233 915</b>	<b>11.21 mi</b>	52° 31' 16" N	1° 39' 27" W	<b>262 ft</b>
	Lunch				
	Dist to next: <b>0.99 mi</b> , Ascent to next: <b>0.5 mi</b>				
3	<b>SP 225 909</b>	<b>12.2 mi</b>	52° 30' 57" N	1° 40' 8" W	<b>264 ft</b>