

NEW QUAY TO ABERAERON

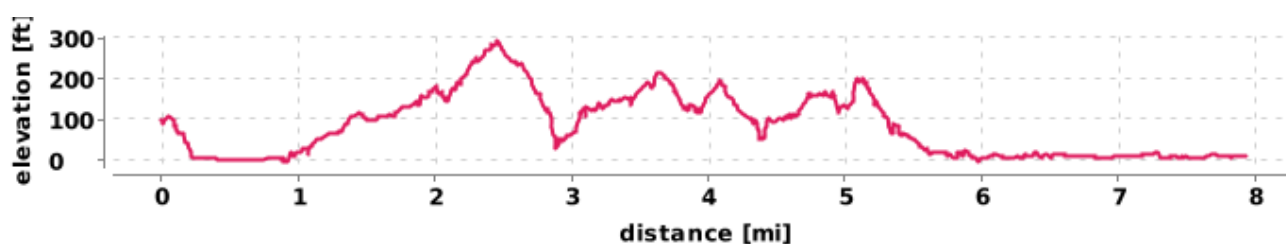
Route Information

New Quay to Aberaeron

Route Summary

Total Distance **7.94 mi (12.78 km)**
 Elevation **-4 ft at lowest point**
292 ft at highest point
 Total Ascent **1053 ft**

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SN 392 594	0 mi	52° 12' 35" N	4° 21' 12" W	99 ft
	Dist to next: 5.12 mi , Ascent to next: 98 ft				
2	SN 447 623	5.12 mi	52° 14' 14" N	4° 16' 29" W	197 ft
	Refreshments				
	Dist to next: 2.82 mi , Ascent to next: -187 ft				
3	SN 455 629	7.94 mi	52° 14' 36" N	4° 15' 48" W	10 ft