

CASTLE RING

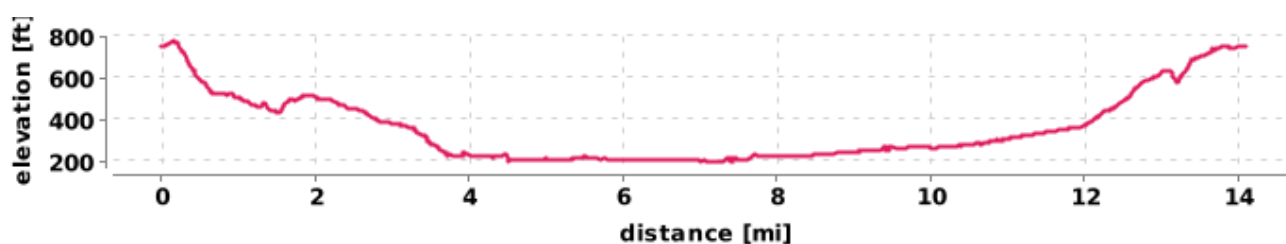
## Route Information

Castle Ring

### Route Summary

Total Distance **14.12 mi (22.72 km)**  
 Elevation **199 ft at lowest point**  
**777 ft at highest point**  
 Total Ascent **740 ft**

### Elevation Profile



### Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	<b>SK 044 126</b>	<b>0 mi</b>	52° 42' 41" N	1° 56' 6" W	<b>754 ft</b>
	Dist to next: <b>4.78 mi</b> , Ascent to next: <b>-546 ft</b>				
2	<b>SK 079 168</b>	<b>4.78 mi</b>	52° 44' 58" N	1° 53' 3" W	<b>208 ft</b>
	Ccoffee				
	Dist to next: <b>1.44 mi</b> , Ascent to next: <b>3 ft</b>				
3	<b>SK 091 176</b>	<b>6.22 mi</b>	52° 45' 24" N	1° 51' 56" W	<b>211 ft</b>
	HS2: Gas Main Diversion				
	Dist to next: <b>0.32 mi</b> , Ascent to next: <b>-2 ft</b>				
4	<b>SK 095 177</b>	<b>6.54 mi</b>	52° 45' 24" N	1° 51' 33" W	<b>209 ft</b>
	Forgetting the route: Wee break				

Dist to next: **4.4** mi, Ascent to next: **95** ft

5 **SK 085 135** **10.94** mi 52° 43' 11" N 1° 52' 28" W **304** ft

Lunch

Dist to next: **3.18** mi, Ascent to next: **450** ft

6 **SK 044 126** **14.12** mi 52° 42' 41" N 1° 56' 6" W **754** ft