

CROMFORD

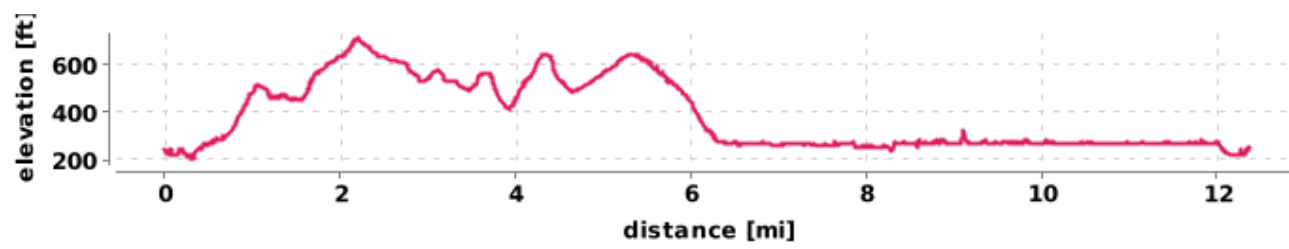
Route Information

Cromford

Route Summary

Total Distance **12.39 mi (19.95 km)**
 Elevation **204 ft at lowest point**
711 ft at highest point
 Total Ascent **1488 ft**

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SK 349 515	0 mi	53° 3' 37" N	1° 28' 47" W	247 ft
		Dist to next: 2.48 mi , Ascent to next: 389 ft			
2	SK 329 526	2.48 mi	53° 4' 12" N	1° 30' 32" W	636 ft
		Photo Opp Dist to next: 0.99 mi , Ascent to next: -144 ft			
3	SK 323 538	3.48 mi	53° 4' 52" N	1° 31' 5" W	491 ft
		Coffee Dist to next: 3.04 mi , Ascent to next: -220 ft			
4	SK 300 570	6.52 mi	53° 6' 33" N	1° 33' 9" W	271 ft
		Lunch Dist to next: 1.35 mi , Ascent to next: -11 ft			
5	SK 315 556	7.87 mi	53° 5' 50" N	1° 31' 50" W	261 ft
		Leawood Pumphouse Dist to next: 4.52 mi , Ascent to next: -8 ft			
6	SK 349 515	12.39 mi	53° 3' 37" N	1° 28' 50" W	252 ft