



KNIGHTON & OFFA'S DYKE SOUTH

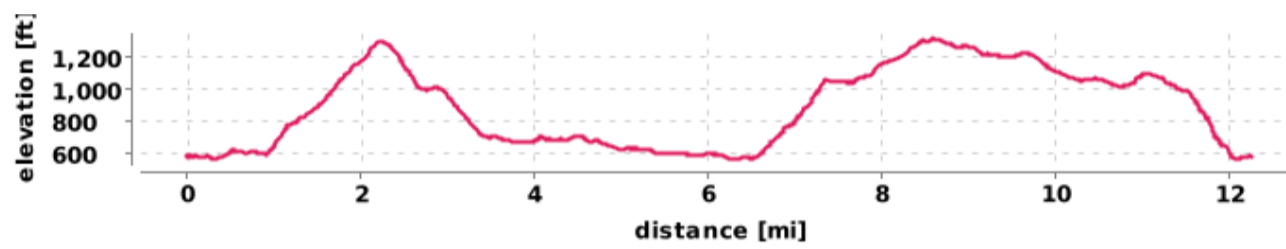
Route Information

Knighton & Offa's Dyke South

Route Summary

Total Distance **12.27 mi (19.75 km)**
 Elevation **567 ft at lowest point**
1314 ft at highest point
 Total Ascent **1821 ft**

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SO 285 722	0 mi	52° 20' 36" N	3° 3' 3" W	579 ft
		Dist to next: 4.24 mi , Ascent to next: 112 ft			
2	SO 304 672	4.24 mi	52° 17' 56" N	3° 1' 16" W	692 ft
	Coffee	Dist to next: 3.42 mi , Ascent to next: 351 ft			
3	SO 280 666	7.66 mi	52° 17' 35" N	3° 3' 20" W	1043 ft
	Lunch	Dist to next: 4.61 mi , Ascent to next: -464 ft			
4	SO 285 722	12.27 mi	52° 20' 35" N	3° 3' 3" W	579 ft