

KNIGHTON OFFA'S DYKE NORTH

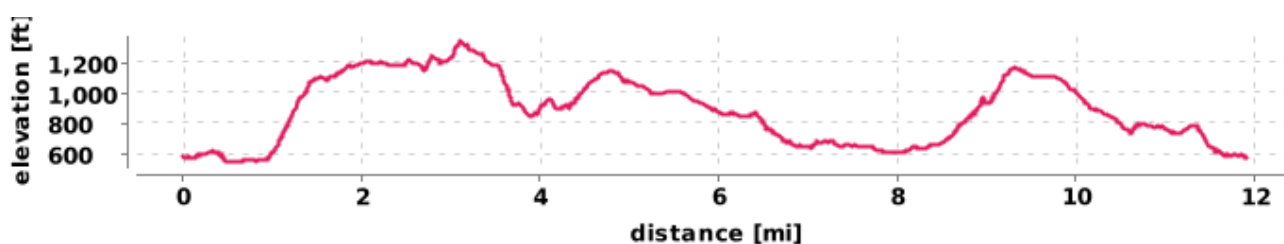
## Route Information

Knighton Offa's Dyke North

### Route Summary

Total Distance **11.92 mi (19.18 km)**  
 Elevation **551 ft at lowest point**  
**1341 ft at highest point**  
 Total Ascent **2327 ft**

### Elevation Profile



### Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	<b>SO 285 722</b>	<b>0 mi</b>	52° 20' 36" N	3° 3' 3" W	<b>589 ft</b>
	Dist to next: <b>3.5 mi</b> , Ascent to next: <b>601 ft</b>				
2	<b>SO 269 760</b>	<b>3.5 mi</b>	52° 22' 38" N	3° 4' 30" W	<b>1190 ft</b>
	Coffee				
	Dist to next: <b>4.39 mi</b> , Ascent to next: <b>-579 ft</b>				
3	<b>SO 254 746</b>	<b>7.89 mi</b>	52° 21' 54" N	3° 5' 47" W	<b>611 ft</b>
	Lunch				
	Dist to next: <b>4.03 mi</b> , Ascent to next: <b>-32 ft</b>				
4	<b>SO 285 722</b>	<b>11.92 mi</b>	52° 20' 35" N	3° 3' 2" W	<b>579 ft</b>