

PORTLAND

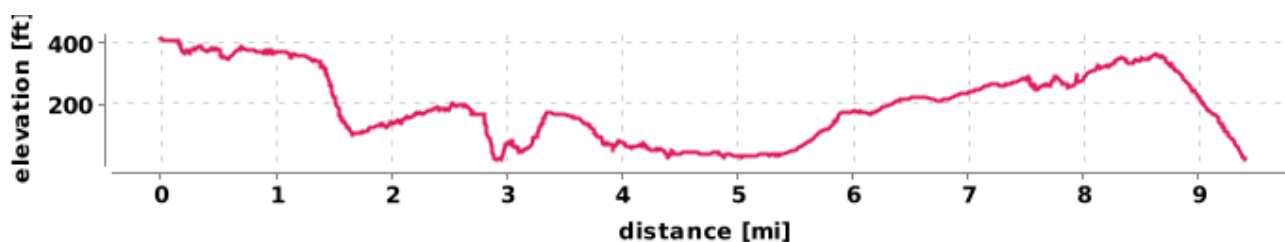
## Route Information

Portland

### Route Summary

Total Distance **9.41 mi (15.15 km)**  
 Elevation **18 ft at lowest point**  
**413 ft at highest point**  
 Total Ascent **1009 ft**

### Elevation Profile



### Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	<b>SY 689 731</b>	<b>0 mi</b>	50° 33' 24" N	2° 26' 20" W	<b>413 ft</b>
		Dist to next: <b>2.77 mi</b> , Ascent to next: <b>-248 ft</b>			
2	<b>SY 697 711</b>	<b>2.77 mi</b>	50° 32' 22" N	2° 25' 39" W	<b>164 ft</b>
		Refreshments Dist to next: <b>2.55 mi</b> , Ascent to next: <b>-131 ft</b>			
3	<b>SY 678 684</b>	<b>5.33 mi</b>	50° 30' 53" N	2° 27' 19" W	<b>33 ft</b>
		Lunch Dist to next: <b>4.09 mi</b> , Ascent to next: <b>-13 ft</b>			
4	<b>SY 684 734</b>	<b>9.41 mi</b>	50° 33' 35" N	2° 26' 50" W	<b>20 ft</b>