



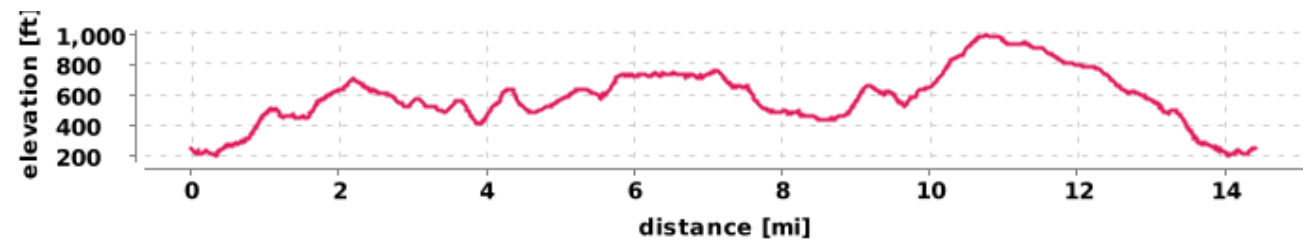
Route Information

Ambergate 2025

Route Summary

Total Distance	14.42 mi (23.21 km)
Elevation	204 ft at lowest point
	995 ft at highest point
Total Ascent	2370 ft

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SK 349 515	0 mi	53° 3' 37" N	1° 28' 50" W	252 ft
Dist to next: 2.49 mi, Ascent to next: 384 ft					
2	SK 329 526	2.49 mi	53° 4' 12" N	1° 30' 32" W	636 ft
The Bench					
Dist to next: 1.15 mi, Ascent to next: -73 ft					
3	SK 322 540	3.64 mi	53° 4' 58" N	1° 31' 11" W	563 ft
Coffee					
Dist to next: 4.3 mi, Ascent to next: -72 ft					
4	SK 290 543	7.94 mi	53° 5' 6" N	1° 34' 2" W	491 ft
Lunch					
Dist to next: 6.49 mi, Ascent to next: -238 ft					
5	SK 349 515	14.42 mi	53° 3' 37" N	1° 28' 50" W	252 ft