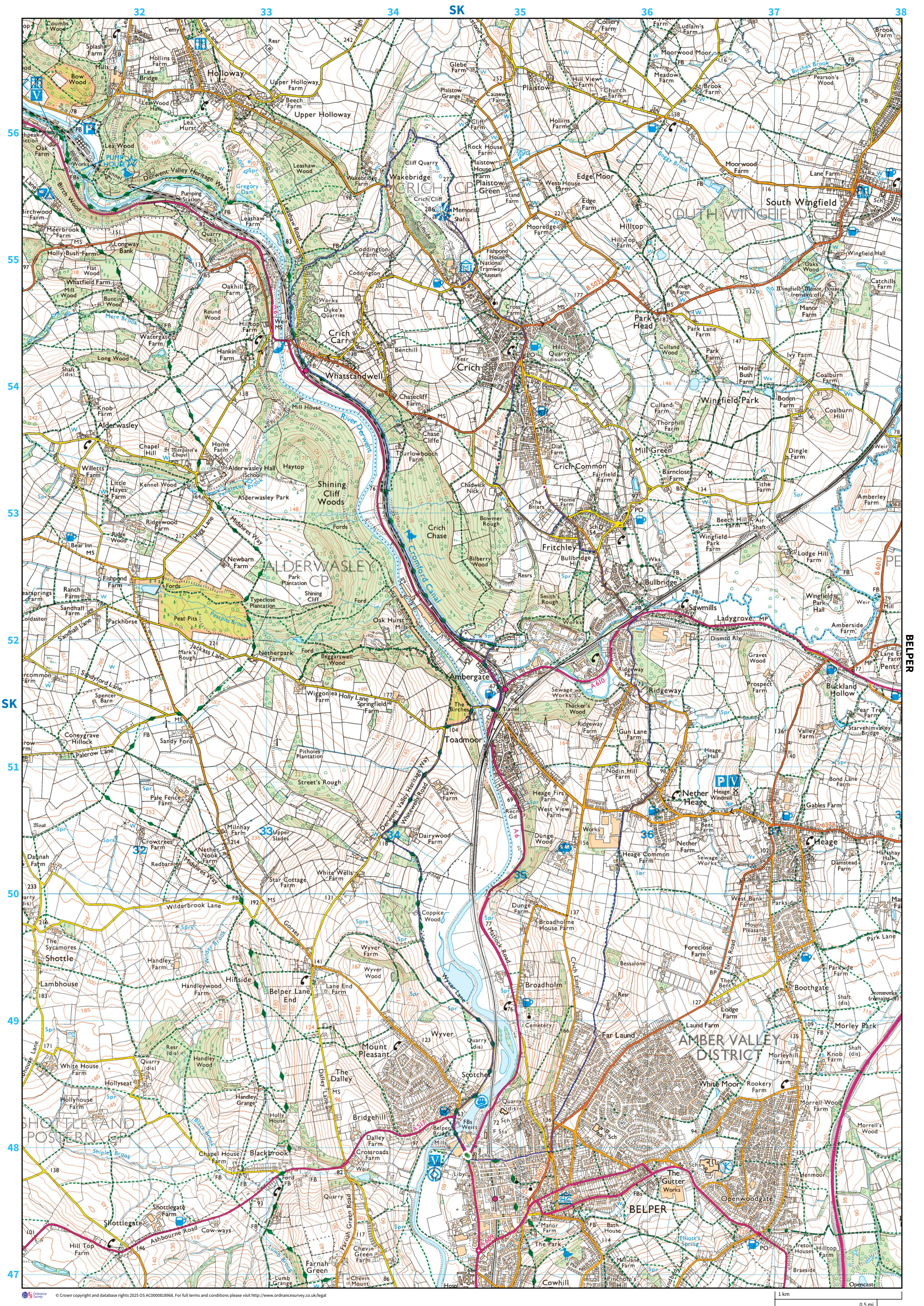




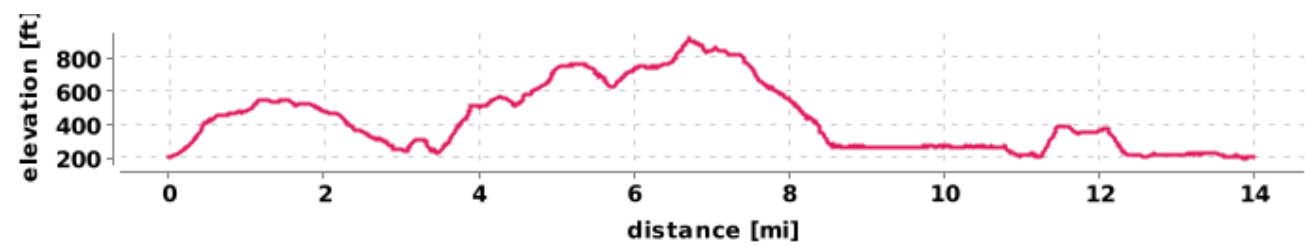
Route Information

Belper

Route Summary

Total Distance	14.02 mi (22.57 km)
Elevation	195 ft at lowest point
	921 ft at highest point
Total Ascent	1661 ft

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SK 345 479	0 mi	53° 1' 39" N	1° 29' 8" W	208 ft
	Dist to next: 4.28 mi, Ascent to next: 363 ft				
2	SK 351 532	4.28 mi	53° 4' 29" N	1° 28' 34" W	571 ft
	The wrong way				
	Dist to next: 0.85 mi, Ascent to next: 185 ft				
3	SK 348 533	5.13 mi	53° 4' 35" N	1° 28' 53" W	756 ft
	Coffee				
	Dist to next: 2.2 mi, Ascent to next: 66 ft				
4	SK 341 558	7.33 mi	53° 5' 57" N	1° 29' 28" W	822 ft
	Lunch				
	Dist to next: 6.69 mi, Ascent to next: -617 ft				
5	SK 345 479	14.02 mi	53° 1' 39" N	1° 29' 9" W	205 ft