



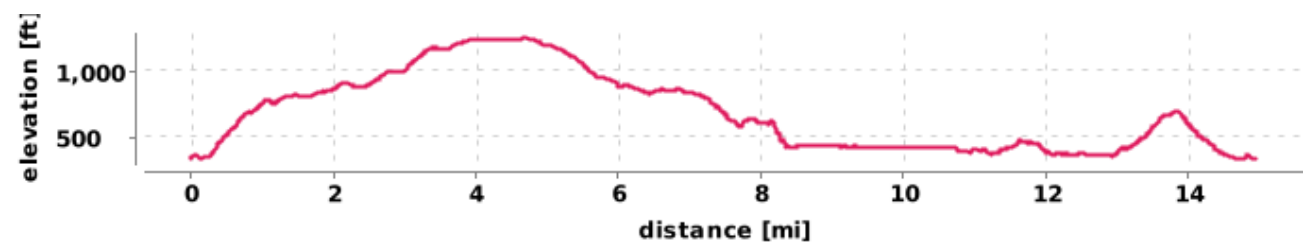
Route Information

Churnet Valley

Route Summary

Total Distance	14.95 mi (24.06 km)
Elevation	339 ft at lowest point
	1248 ft at highest point
Total Ascent	1848 ft

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SK 052 446	0 mi	52° 59' 57" N	1° 55' 22" W	346 ft
	Dist to next: 3.41 mi, Ascent to next: 831 ft				
2	SK 058 489	3.41 mi	53° 2' 16" N	1° 54' 53" W	1177 ft
	Coffee				
	Dist to next: 4.99 mi, Ascent to next: -743 ft				
3	SJ 999 491	8.4 mi	53° 2' 22" N	2° 0' 8" W	434 ft
	Lunch				
	Dist to next: 4.78 mi, Ascent to next: -7 ft				
4	SK 036 447	13.18 mi	52° 59' 59" N	1° 56' 50" W	427 ft
	He was lost without a map!				
	Dist to next: 0.56 mi, Ascent to next: 245 ft				
5	SK 039 442	13.74 mi	52° 59' 42" N	1° 56' 30" W	672 ft
	One down				
	Dist to next: 1.21 mi, Ascent to next: -326 ft				
6	SK 052 446	14.95 mi	52° 59' 57" N	1° 55' 22" W	346 ft