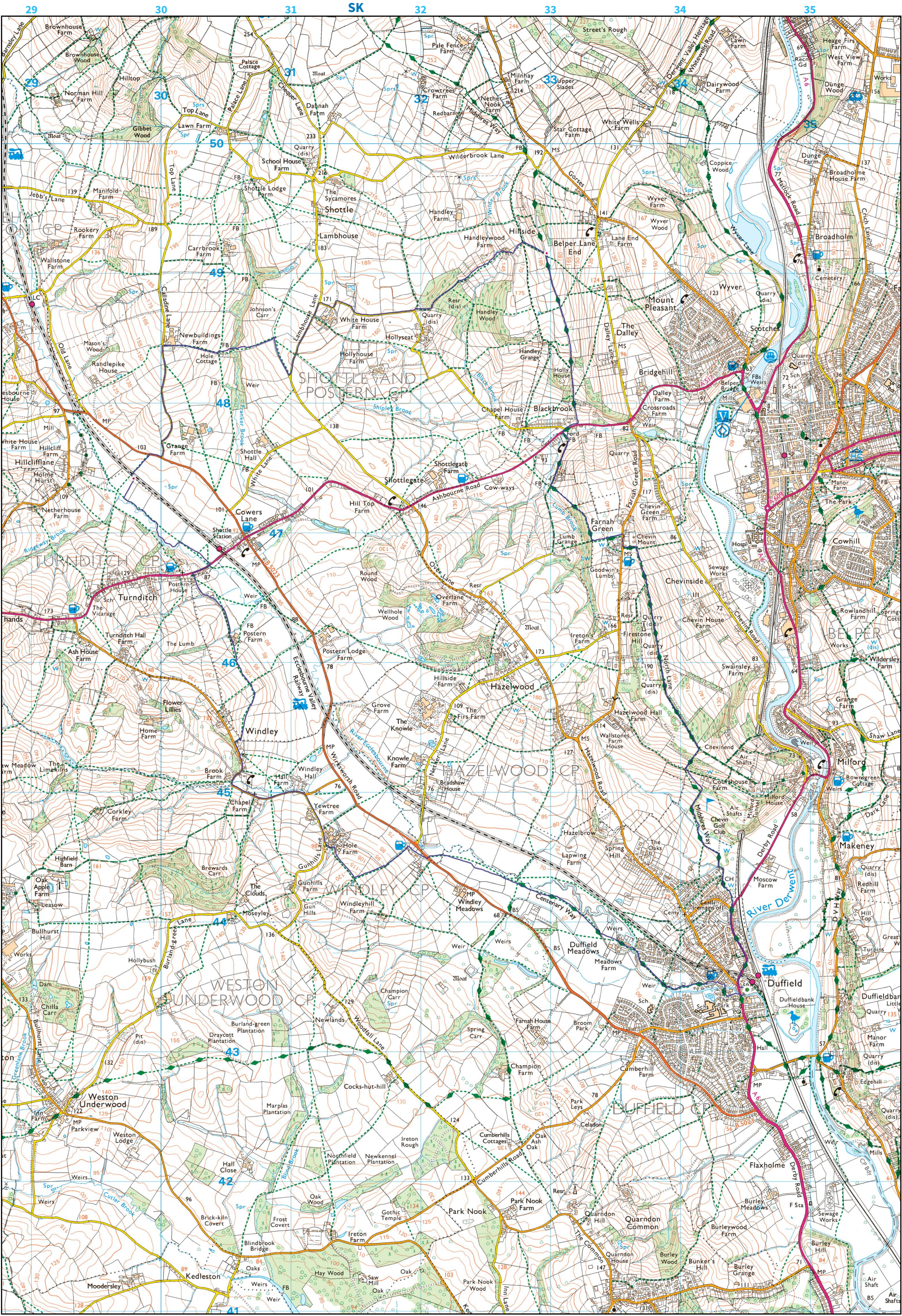




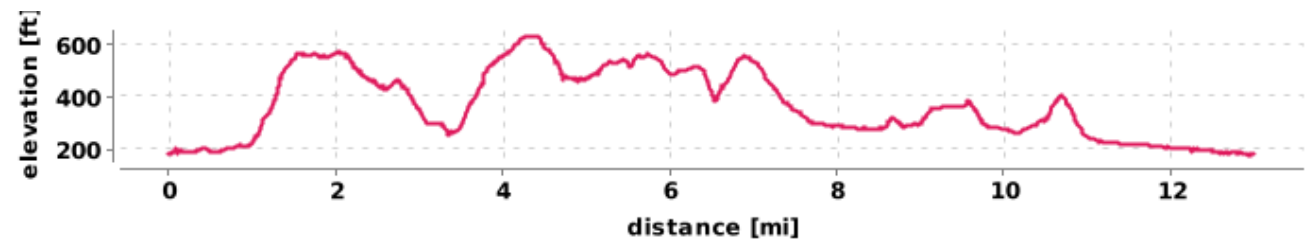
Route Information

Duffield 2025

Route Summary

Total Distance	13.01 mi (20.94 km)
Elevation	175 ft at lowest point
	636 ft at highest point
Total Ascent	1467 ft

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SK 345 434	0 mi	52° 59' 15" N	1° 29' 14" W	186 ft
Dist to next: 4.38 mi, Ascent to next: 448 ft					
2	SK 329 491	4.38 mi	53° 2' 19" N	1° 30' 35" W	634 ft
Coffee					
Dist to next: 3.38 mi, Ascent to next: -334 ft					
3	SK 297 474	7.76 mi	53° 1' 23" N	1° 33' 26" W	300 ft
Lunch					
Dist to next: 5.25 mi, Ascent to next: -113 ft					
4	SK 345 434	13.01 mi	52° 59' 15" N	1° 29' 14" W	186 ft