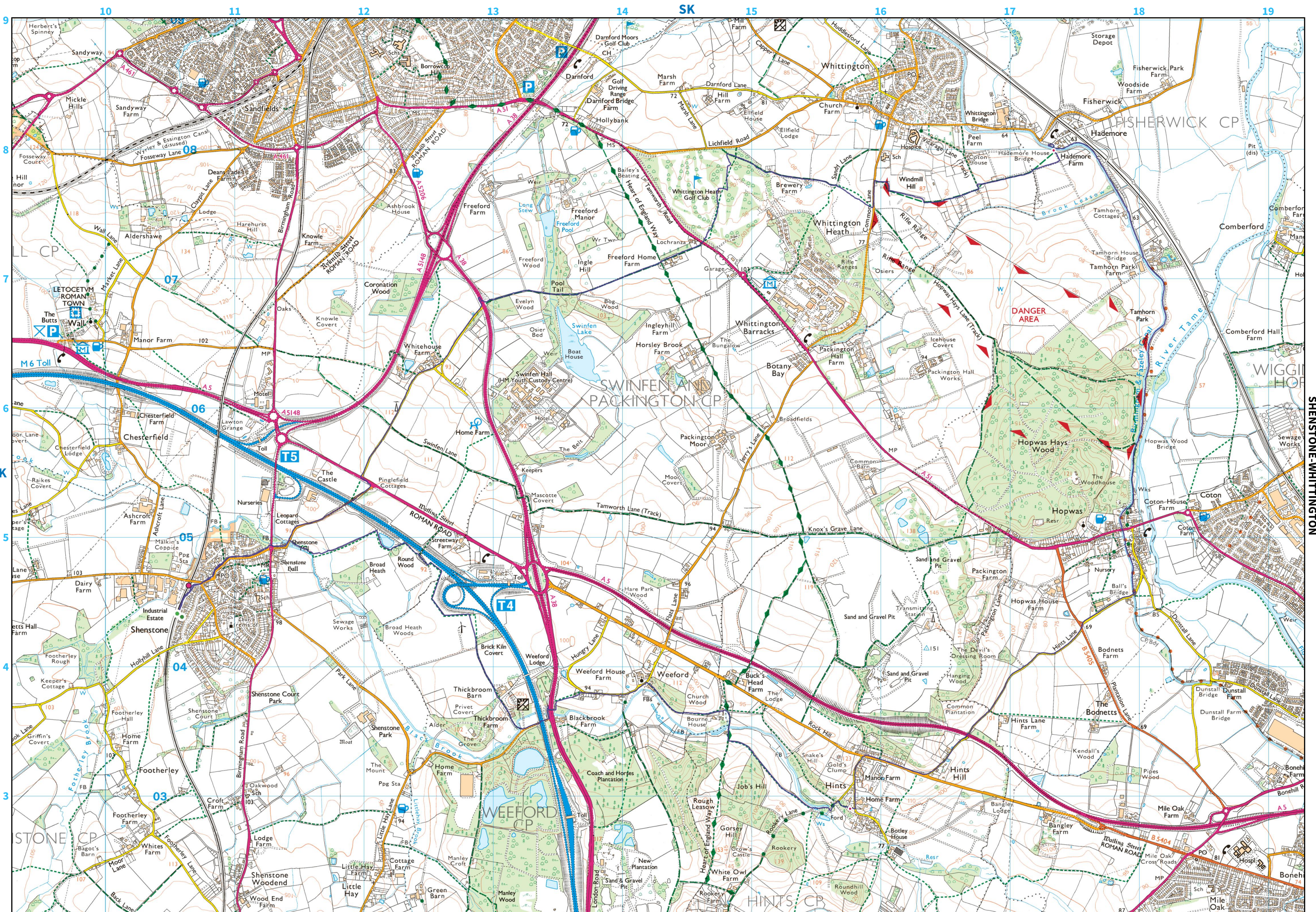




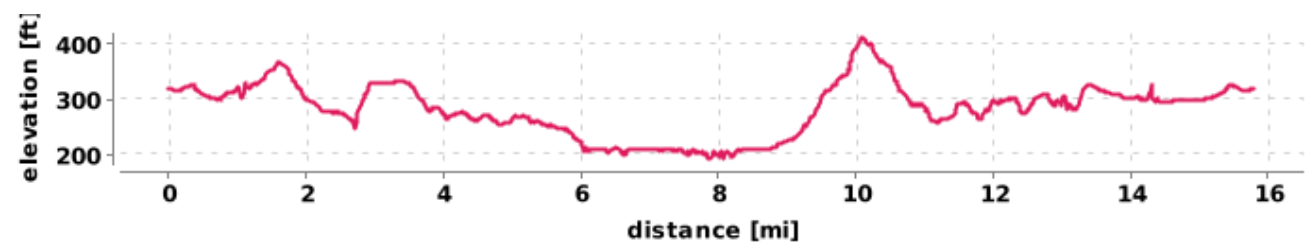
Route Information

Shenstone-Whittington

Route Summary

Total Distance	15.81 mi (25.45 km)
Elevation	193 ft at lowest point
	410 ft at highest point
Total Ascent	683 ft

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SK 105 044	0 mi	52° 38' 14" N	1° 50' 43" W	319 ft
Dist to next: 6.06 mi, Ascent to next: -107 ft					
2	SK 173 079	6.06 mi	52° 40' 9" N	1° 44' 42" W	212 ft
Coffee					
Dist to next: 4.84 mi, Ascent to next: 79 ft					
3	SK 157 029	10.9 mi	52° 37' 25" N	1° 46' 6" W	290 ft
Lunch					
Dist to next: 4.91 mi, Ascent to next: 28 ft					
4	SK 105 043	15.81 mi	52° 38' 13" N	1° 50' 41" W	319 ft